

KIT LIST

Large bag or rucksack containing:

- Sleeping bag
- Roll mat
- Torch
- Sun hat, sun cream – Woolly Hat and gloves (Depending on Weather)
- Waterproof jacket
- Warm jumpers / fleece
- Uniform
- T shirts
- Trousers and shorts
- Socks
- Underwear
- Walking boots
- Trainers
- Personal wash kit
- Suitable Swimwear, (Swimming, rafting and canoeing, clothes for both including footwear).
- Towel
- Plastic Water bottle
- Day sack

Enough clothes to last the weekend.

(Tents, cutlery and plates provided centrally).